

# ASHLEY DOWN COLLEGE-Term 2

## 2019-20 POST-16 TRANSITION CLASS

**English-** We will have a mixture of foci! Some students will be sitting parts of FS exams, whilst others will be working on reading comprehension tasks and FS writing tasks. These would include emails, letters with a formal focus.

**At Home** –For those who celebrate Christmas, consider writing letters to friends and family who live away. For those who don't write letters anyway!

**Maths-** A new maths teacher will be delivering these sessions on a Monday from now on. Follow up sessions for individuals may occur at other points in the week that do not compromise the overall offer.

**At Home-** Again, relating to Christmas, cross reference the price of possible presents with daily expenditure. For example, the price of an average computer game (£50) is equivalent to a weekly food bill for two people.

**Careers** These sessions with Mr McKenna are going through a program called the Gatsby Benchmarks. This will support students as they making choices in their next few years about jobs and education.

**At Home-** Are there any local charity shops or voluntary organisations that you can get involved in, outside of college?

**Cooking-** Cooking will be moving to Thursday mornings and the group that did allotments will be starting this term.

**At Home-** The news remains full of positive examples of people who managed to change their eating habits in a healthy way that allowed them to still enjoy food whilst reducing the damage of over or under-eating.  
<https://verilymag.com/2016/03/lose-weight-healthy-weight-fad-diets>

**Personal Project-** This will continue this term on Mondays. It provides an opportunity for students to do a piece of work driven by their interests.

**At Home-** Have you asked them yet, what they are doing and why they chose it?

**Art-** We are going to look at pointillism and produce are based on this technique. This technique is great for developing fine motor skills.

**At Home-** Anything that requires small hand movements will help students. Examples include writing, measuring, gaming (but don't just do this) and art!

**Volunteer Work-** The allotment needs muscle and activity to both tidy for winter and prepare for early spring. Dirty hands time!

**At Home-** Since the hands will be dirty anyway, perhaps work on your garden or simply potted plants which are good for any house.

**Community Access and Bristol Studies-** Students will be considering and creating task cards that they will complete and reflect on. An example could be going into an estate agent and getting details for a rental property with staff.

**Home-** Share your favourite places in Bristol and consider going to places you have never been before. I worked with a 40+ colleague who had never visited Bristol Cathedral until she was on Community Access

**Gym-** All students are doing task sheets. We do strength first and then stamina.

**At Home-** Do some physical activity together at home. We often get students exercising but it would be good for all the family.

<https://www.irishtimes.com/life-and-style/health-family/parenting/healthy-families-bringing-up-happy-and-healthy-children-1.3733963>

**Work Experience-** The students have been split into two groups and they will alternate week on wexp with a week doing English.

**At Home-** My daughter has just started her first job. I have already seen the positives but also, and equally useful, her experiencing a reality check about the working world being VERY different from the education one! Perhaps you can find a part time position too?