

ASHLEY DOWN COLLEGE-Term 5

2018-19 POST-16 TRANSITION CLASS

English- The students are doing either Entry Level or Level 1 and 2 Functional Skills. The second half of the year involves exam practice and/or exams.

At Home –Hopefully, students have had an opportunity to socially engage in their home settings. There is a real need to develop these skills and I have left, below, an article about this should you want to have some info on why it is important.
<https://www.theguardian.com/commentisfree/2016/mar/22/teenagers-social-skills-not-social-networks-work-ncs>

Maths- Again the students are doing either Entry Level or Level 1 and 2 Functional Skills. As with English, the second half of the year involves exam preparation.

At Home- From managing time, to helping with measures, to helping out in DIY or organising visits, anything the students can do around this helps them towards their particular level of independence.

Cooking- This term Year 13 will be in the cooking room.

At Home-
<https://www.digitaltrends.com/mobile/best-apps-cooking/> This is a link looking about cooking apps you can have on your phone. Why not take a look?

ICT/Business Mr McKenna, unfortunately, is off work. The students will do their work towards a work experience presentation.

At Home- The hope for meaningful opportunities in adult life is what drives these sessions. Perhaps organise a visit to a family member's workplace. Any real experience will help and support the students' futures.

Work Experience- All students will be doing a work experience presentation on Power Point on Tuesday and Friday

At Home- Ask them about their work experience and, perhaps, their ambitions, both work and leisure.

Art- We are continuing to look at ASC/Aspergers through a cartoon based project.

At Home- Any kind of activity promoting working in detail helps the students develop their fine motor skills. Examples include weighing out ingredients, measuring something or simply setting time aside to draw for pleasure.

Work Experience- The Wednesday placement in the Food Bank will continue, although some student changes will be taking place

Volunteer Work- Year 12 will be on the allotments this term. They will be planting crops and completing general maintenance. They will need to check the weather and be prepared for it getting warmer. We are replacing the polytunnel cover and weeding beds as we manage the crops that are planted.

At Home- What is 'wonky' food? Look together at what this is and why it is important.

Gym- This will continue on a Wednesday afternoon. The students will continue to work out and record their outcomes, whilst aiming to achieve their targets

At Home- Without doubt personal health and well being are connected. THE BETTER YOU FEEL, THE BETTER YOU FUNCTION. Most people find getting fitter easier to do with others, so use each other as motivation towards a healthier life!

Community Access and Bristol Studies- A mixed bag but we will be continuing with alternate visits to the city centre one week and an alternate destination the next. Plans start with a bus trip to Kingswood as the alternate destination.

At Home- Perhaps plan getting out and about at the weekend. Breaking routines can be a challenge but the students are rewarded with developing flexibility and resilience to change.