

ASHLEY DOWN COLLEGE-Term 4

2018-19 POST-16 TRANSITION CLASS

English- The students are doing either Entry Level or Level 1 and 2 Functional Skills. The second half of the year involves exam practice and/or exams.

At Home –Many students spend time in their bedrooms, or, doing things alone. This is great and we all need time alone. However, shared social time is very important. Below is an article about this should you want to have some info in why it is important.

<https://www.theguardian.com/commentisfree/2016/mar/22/teenagers-social-skills-not-social-networks-work-ncs>

Maths- Again the students are doing either Entry Level or Level 1 and 2 Functional Skills. As with English, the second half of the year involves exam preparation.

At Home- Make sure the students know ALL their clothes sizes without needing extra help, including putting sizes on paper in their wallet.

Cooking- This term Year 12 will be in the cooking room.

At Home-
<https://www.digitaltrends.com/mobile/best-apps-cooking/>

This is a link looking about cooking apps you can have on your phone. Why not take a look?

ICT/Business Mr McKenna will be starting a piece of work drawn from the Talentino project, which looks at developing employability skills

At Home- Talk about work experience together. Discuss the good experiences, and the challenges. Be honest and real. Having realistic ambitions rather than fantasy ones is the goal. Talk with Mr Collins if you want to discuss this further.

Work Experience-

The Wednesday placement has been successful in its new home and this will continue

Volunteer Work- Year 13 will be on the allotments this term. They will be planting crops and completing general maintenance. They WILL be the ones that get dirty now!

At Home- What is 'wonky' food? Look together at what this is and 'why' it is important.

Gym- This will continue on a Wednesday afternoon. Mr McKenna is going to continue to work with those students with excess weight, as he has himself, and will be looking at how this can be better managed.

It is worth noting that those in the UK are developing a distorted view of what overweight looks like. The link below might help to understand this better
<https://www.vox.com/cards/obesity-weight-loss-diet/obese-weight-bmi>

At Home- Without doubt personal health and well being are connected. THE BETTER YOU FEEL, THE BETTER YOU FUNCTION. Most people find getting fitter easier to do with others, so use each other as motivation towards a healthier life!

Art- A return of cartoon inspired work. However, to give it a twist, we are looking at ASC/Aspergers at the same time.

At Home- All of us are touched by the creative arts from TV to computer games. Think about art in your life and whether you just take it for granted.

Community Access and Bristol Studies- The Focus on ASDAN will be introduced this term to tie in with work experience and employability. This was delayed from last term. We will still be going into the city because, wherever we work, we will need the best social skills we are able to develop to get on.

At Home- If it's possible, organise visiting places of work that family and friends are in. It does not need to be a potential work place for the future, rather just help the young people build a better picture of the world around them. So much myth in the news and on social media that 'real experiences' become all the more important.

Work Experience- All students will be doing a work experience presentation on Power Point
At Home- Ask them about their work experience and, perhaps, their ambitions