

# ASHLEY DOWN COLLEGE-Term 3

## 2018-19 POST-16 TRANSITION CLASS

**English-** The students are doing either Entry Level or Level 1 and 2 Functional Skills. The second half of the year involves exam practice and/or exams.

**At Home** –Conversation. How much general conversation goes on at home? Sometimes we need to break out of habits and make sure there is time spent talking over meals. Perhaps, create a time that happens every day. There is certainly a great deal going on to talk about, from Brexit to Gaming culture.

**Maths-** Again the students are doing either Entry Level or Level 1 and 2 Functional Skills. As with English, the second half of the year involves exam preparation.

**At Home-** Make sure the students know ALL their clothes sizes without needing extra help, including putting sizes on paper in their wallet.

**Cooking-** This term Year 13 will be in the cooking room. Mr McKenna will be away so the sessions will be run by Miss Ayres who will be providing challenging meals for the students to cook.

**At Home-**  
<https://www.digitaltrends.com/mobile/best-apps-cooking/> This is a link looking at cooking apps you can have on your phone. Why not take a look?

**Art-** The piece we are going to do is a crossover of art, graffiti and traditional art. The theme is Bristol!

**At Home-** All of us are touched by the creative arts from TV to computer games. Think about art in your life and whether you just take it for granted.

**Personal Project-** Students will be doing projects based upon their personal ambitions in life.

**At Home-** Ask them what they are choosing to do, but more importantly, why?

**ICT/Business** Mr McKenna will be off but have work in place so that the students can get on with developing their ICT and business/work understanding.

**At Home-** ICT in our lives (Not just games). Look around the house and note where you find computers. I did and I was surprised to find it everywhere, in nearly all electric items.

**Volunteer Work-** Year 12 will be on the allotments this term. They will be planting crops and completing general maintenance. They WILL get dirty!

**At Home-** Connect what you eat to where it comes from, whether it is fruit, meat or vegetables-or flowers, for that matter. Go on the internet and find where your food comes from.

**Gym-** This will continue on a Wednesday afternoon. Mr McKenna is going to work with those students with excess weight, as he has himself, and will be looking at how this can be better managed.

*It is worth noting that those in the UK are developing a distorted view of what overweight looks like. The link below might help to understand this better*  
<https://www.vox.com/cards/obesity-weight-loss-diet/obese-weight-bmi>

**At Home-** New year often brings New Year Resolutions. Whether a resolution or not, discuss how you, as a family, can improve your fitness and wellbeing through the food you eat and the physical activities you do.

**Community Access and Bristol Studies-** The focus on ASDAN will be introduced this term to tie in with work experience and employability. We will still be going into the city because, wherever we work, we will need the best social skills we are able to develop to get on.

**At Home-** Where possible, when you are out and about as a family or with friends, give tasks to find things, buy things or do things within the places in Bristol you go to. Could include purchasing a loaf of bread to picking up a travel brochure

**Work Experience-** The Wednesday placement is moving and we will be seeing if we can still do it by travelling to the new destination. Coping with change is a VERY REAL life skill.