

# Oasis Academy Brightstowe

June 2018 – October 2018

Week 1

## Monday

- **Meat:** Theo's Chicken Wrap Served with Herby Diced Potato & Salad
- **Vegetarian:** Tomato & Basil Pasta Bake Served with Garlic Bread & Salad
  - **Jacket Potato: Tuna Mayo**
- **Dessert:** Fruit Crumble & Custard or Whole Fruit Piece

## Tuesday

- **Meat:** Shepherd's Pie Served with Green Beans & Gravy
- **Vegetarian:** Cajun Style Quorn Baguette served with Sweet Potato Fries & Salad
  - **Jacket Potato: Lamb Ragù**
- **Dessert:** Flapjack or Whole Fruit Piece

## Wednesday

- **Meat:** Roast Beef & Yorkshire pudding Served with Savoy Cabbage, Roast Potatoes & Gravy
- **Vegetarian:** Savory Quorn Fillet Yorkshire pudding Served with Savoy Cabbage, Roast Potatoes & Gravy
  - **Jacket Potato: Cheese Coleslaw**
- **Dessert:** Chocolate Sponge & Chocolate Sauce or Whole Fruit Piece

## Thursday

- **Meat:** Chicken & Vegetable Pie Served with New Potatoes, Peas & Gravy
  - **Vegetarian:** Singapore Noodles
  - **Jacket Potato: Vegetable Curry**
- **Dessert:** Lemon Drizzle Cake & Custard or Whole Fruit Piece

## Friday

- **Fish:** MSC Battered Fish Served with Chips & Baked Beans
- **Vegetarian:** Country Vegetable Bake Burger in a Bun Served with Chips & Baked Beans
  - **Jacket Potato: Cheese & Baked Beans**
- **Dessert:** Mandarin Cheesecake or Whole Fruit Piece

**Daily extras:** A Selection of Sandwiches, Paninis, Salad and Fresh Fruit are Available Daily.

All the above Main Courses are served with Potatoes and Seasonal Vegetables/Salad of the day

Week commencing:

04.06 25.06 16.7 03.09 24.09